

CAMHS REFERRAL PATHWAY - DRAFT REVIEW RECOMMENDATIONS

Committee name	Health and Social Care Select Committee
Officer reporting	Nikki O'Halloran, Democratic Services
Papers with report	None
Ward	All

HEADLINES

To enable the Committee to agree the recommendations that will be included in the final report on CAMHS referral pathways.

RECOMMENDATION

That the Health and Social Care Select Committee agrees the recommendations for inclusion in the final report for the review on CAMHS referral pathways.

SUPPORTING INFORMATION

The Committee started its review of the CAMHS referral pathway in January 2023 with formal witness sessions on 21 February 2023, 21 March 2023 and 20 June 2023. Having gathered evidence at these meetings (as well as at private meetings with parents), Members of the Committee met on 16 August 2023 to identify areas around which the recommendations for the review should be based. The following recommendations have subsequently been drafted and Members are asked to provide further feedback on these before they are finalised and used to form the basis of the final review report:

1. *That the North West London Integrated Care Board (NWL ICB) be asked to:*
 - a. *initiate a "No Wrong Front Door" policy for parents / children and young people who seek support;*
 - b. *consider how parents can be offered early support on how to navigate the system including the provision of information about where to get this support to schools and GPs (as they are often the first place parents go to);*
 - c. *provide a comprehensive action plan by 31 January 2024 detailing how and when the Thrive mapping strategy will be completed;*
 - d. *complete and implement the Thrive Mapping strategy by January 2025; and*
 - e. *provide Hillingdon's Health and Social Care Select Committee with 6-monthly updates on the progress being made on implementing this action plan;*
2. *That all commissioners of CYP mental health services be asked to include requirements in their service provider contracts that:*
 - a. *parents be given a realistic description of the assessment / treatment process, including estimated timelines and information on where to they can direct their feedback if the expectations set are not met; and*

b. all communications sent to parents be reviewed to make sure that the information and tone is sensitive to their predicament, not overly medicalised and contains accurate information on other places they can look for support.

3. That CAMHS be asked to form a parents/Young People Board so that they can hold the organisation to account for the communications and service they provide. Parents who feel that they are having a bad service can complain to the Board (either directly or through Hillingdon Healthwatch). The Board will not get involved in medical matters.

Following feedback already received from Members, consideration will be given to making reference in the final report to the support that is available to help children and young people deal with the lower level stresses of normal life so that they don't escalate into more serious issues. The Thrive mapping exercise had identified this type of support and would also provide primary care, parents and anyone wanting further information with details of possible appropriate and accessible support.

Implications on related Council policies

The role of the Select Committees is to make recommendations on service changes and improvements to the Cabinet, who are responsible for the Council's policy and direction.

How this report benefits Hillingdon residents

Select Committees directly engage residents in shaping policy and recommendations and the Committees seek to improve the way the Council provides services to residents.

Financial Implications

None at this stage.

Legal Implications

None at this stage.

BACKGROUND PAPERS

NIL.